

ASEAN-IPR TRAINING
PROJECT SUMMARY REPORT:

Enhancing the Role of Youth in Peacebuilding

ASEAN Institute for
Peace and Reconciliation



KEMENTERIAN LUAR NEGERI
REPUBLIK INDONESIA



Forging and Fostering Peace
ASEAN Institute for
Peace and Reconciliation

ASEAN-IPR TRAINING

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29 July - 2 August 2024

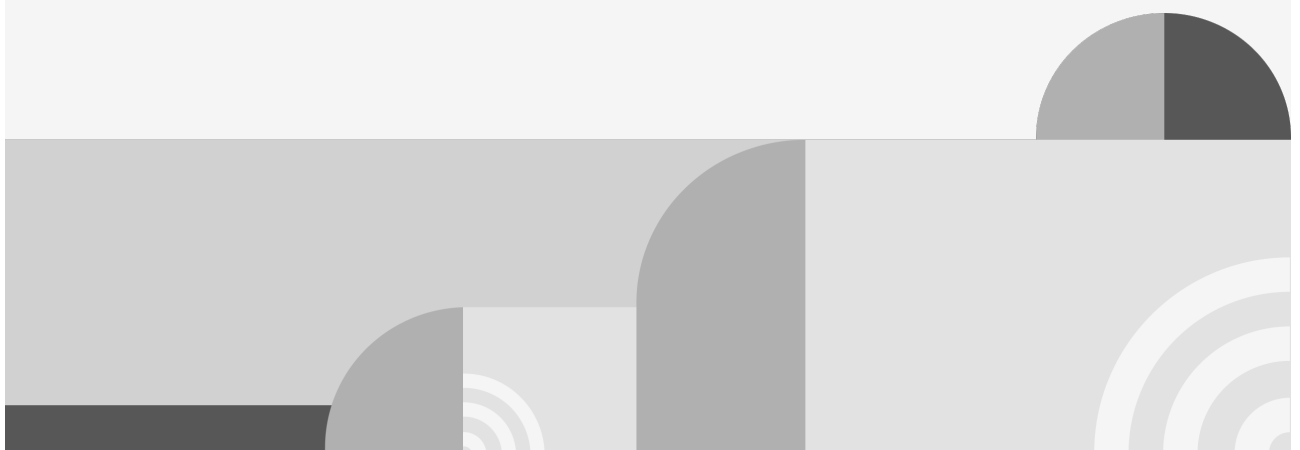


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Common Abbreviations

AB	Advisory Board
AMS	ASEAN Member State
ASEAN	The Association of Southeast Asian Nations
ASEAN-IPR	ASEAN Institute for Peace and Reconciliation
GC	Governing Council
ICRC	International Committee of the Red Cross
MoFA	Ministry of Foreign Affairs
NAP	National Action Plan
WPS	Women, Peace and Security
YPS	Youth, Peace and Security



Preface

In an era marked by socio-political changes and rapid globalization, the role of youth in peacebuilding has become more critical than ever. The youth are not just the present but also future leaders of our societies; they are the agents of change and peace. According to the United Nations, there are approximately 1.2 billion young people aged between 15 to 24 worldwide, which accounts for around 16% of the total global population. This demography has the potential to play a pivotal role in shaping peaceful societies, particularly in regions affected by conflict. However, this potential remains untapped without targeted efforts to build their capacity as peacebuilders.

The ASEAN-IPR Training: Enhancing the Role of Youth in Peacebuilding was held from 29 July to 2 August 2024 in South Tangerang, Indonesia. This Training brought together 34 passionate young leaders from all ASEAN Member States, as well as Timor Leste and Japan. It aimed to equip young people with the knowledge and skills necessary to contribute to building sustainable peace by deepening their understanding of conflict dynamics and exposing them to the tools for peacebuilding. By investing in the next generation of leaders, we are not only mitigating the antecedents of conflict but also laying the foundation for sustainable peace and further growth across the ASEAN region and beyond.

This Project Summary Report summarizes the preparation, implementation, and key outcomes of the Training, reflecting the collective efforts and aspirations of the participants, trainers, experts, organizers, and other stakeholders involved to promote peace and stability through youth engagement.

A positive element that stood out during the Training are the bonds nurtured from the beginning to training's end. Even though the participants came from different professional backgrounds they were able to mix well; they found it hard to part during the closing ceremony. Some went to see off their friends in the hotel lobby who had to leave after midnight.

Finally, we would like to express our words of appreciation and gratitude to those who have supported us and contributed to the implementation of the Training:

1. The Members of the Governing Council, Advisory Board of ASEAN-IPR and AWPR for supporting this Project;
2. The Government of Japan through its Mission to ASEAN for their generosity in making this Training possible, as well as the Japan ASEAN Integration Fund (JAIF) Management Team for their guidance throughout the implementation of the Project;
3. Prof. Akiko Yamanaka, the Japanese Consultant for this Project, for her valuable contributions and her keynote speech that kick-started the training.
4. Ambassador I Gusti Agung Wesaka Puja, the Executive Director of ASEAN-IPR, and the officers of the ASEAN-IPR Secretariat, Ms. Faby Izaura Yulvahera Barus, Mr. Rif'at Fachir, and Ms. Kartika Budhi Wijayanti, for their support throughout the Project;
5. The Human Rights Division, ASEAN Secretariat;
6. The Trainers, Youth Experts, and Guest Speakers for putting together an effective training course for the participants;
7. The Ministry of Foreign Affairs of Indonesia, in particular, the Directorate for Political and Security Cooperation, Directorate-General for ASEAN Cooperation Republic of Indonesia;
8. The Project Management Team for their hard work and dedication to this Project;
9. Last but not least, to the 34 young leaders who enthusiastically participated in our training. Your curiosity, energy, and creativity are a testament to youth leadership that will certainly lead us to an even brighter future in ASEAN.

It is our utmost hope that this Training produces a ripple effect of continued effort and discourse to support the meaningful role of youth in peacebuilding.

With our highest regards,

Ambassador Artauli RMP Tobing

Indonesian Representative to the Advisory
Board of the ASEAN-IPR

Ambassador Adam M. Tugio

Indonesian Representative to the Governing
Council of the ASEAN-IPR

1 Preparing the Training



Recruiting Participants

At the start of this ASEAN-IPR Training on “Enhancing the Role of Youth as Peacebuilders” [The Training], each ASEAN Member State [AMS], as well as Timor Leste and Japan, were asked to nominate and select three of their own nationals to participate in the Training. Candidates were required to be:

1. Between 23-30 years of age;
2. A young professional who recently started a career in peacebuilding-related field;
3. Fluent in English;
4. Candidates with interest or experience in grassroots peacebuilding are preferable.

To promote gender inclusiveness, each AMS was encouraged to select at least 1 woman.

Every state’s representative for the ASEAN-IPR Governing Council, Advisory Board, and the ASEAN Women for Peace Registry, each nominated 2 candidates, totalling 6 candidates per member state.

Each state’s Governing Council then selected 3 out of 6 candidates to participate in the Training. In the end, 34 young professionals were selected from a variety of backgrounds: government and non-government affiliation; fresh graduates; academics; and youth peacebuilders.



Consultative Meeting

Attendees:

1. Ambassador Artauli RMP Tobing, the Representative of Indonesia to the AB of ASEAN-IPR
2. Prof. Akiko Yamanaka, Japanese Consultant
3. Ms. Devita Kartika Putri, National Consultant
4. Ms. Diantika Rindam Floranti, National Consultant
5. Dr. Arifah Rahmawati, National Consultant
6. Ms. Husnul Khotimah, Project Administrative Assistant
7. Ms. Zahra Arviani Hadian, Project Secretariat
8. Ms. Mellani Indrie Pramudita, Finance Project

The Training kicked off with a Consultative Meeting between the National Consultants and Prof. Akiko Yamanaka, the International Consultant for the Training. The meeting was convened virtually on 6 March 2024 and refined the planned Training Outline, which consisted of lectures, Youth Expert Panels, and the study visit to PeaceGeneration Indonesia.

The lectures planned to cover conflict analysis and transformation; peace and peacebuilding; as well as peace education, advocacy, and campaigning. Meanwhile, the Youth Expert Panel would comprise of the Youth, Peace, and Security and National Action Plan: A Case Study of the Philippines; Youth and Tech; Preventing Violent Extremism; and Nonviolent Peace Campaign. The study visit to PeaceGeneration

Indonesia aimed to expose participants to practical peace education, how to sustain it institutionally, and how other stakeholders are engaged.

In her feedback, Prof. Yamanaka complimented the Training Outline as comprehensive. She suggested including human security as a theme to reflect the changing paradigm from traditional 'security' and address challenges from rapid globalization.

The meeting also discussed Prof. Yamanaka's role in opening the Training with a keynote speech. Aiming to provide a broad introduction to the materials, Prof. Yamanaka decided to focus her speech on youth in the global context, tying into Sustainable Development Goals.



Preparing the Syllabus

i First Preparatory Meeting

Attendees:

1. Ambassador Artauli RMP Tobing, the Representative of Indonesia to the AB of ASEAN-IPR
2. Dr. Fitriani, Trainer
3. Mr. Bahrul Wijaksana, Trainer
4. Dr. Dody Wibowo, Trainer
5. Capt. Sherhannah Paiso Prof, Youth Expert
6. Ms. Fatimah Zahra, Youth Expert
7. Ms. Adriana Anjani (Representing Irfan Amalee, Youth Expert)
8. Ms. Rizka Antika, Youth Expert
9. Ms. Devita Kartika Putri, National Consultant
10. Dr. Arifah Rahmawati, National Consultant
11. Ms. Diantika Rindam Floranti, National Consultant
12. Ms. Husnul Khotimah, Project Administrative Assistant

The first Preparatory Meeting with the Trainers and Youth Experts was conducted on 22 March 2024.

The Trainers comprised of Mr. Bahrul Wijaksana, Chief of Party (CoP) of Asia Investigative Reporting Network (AIR Network); Dr. Fitriani, a Senior Analyst at the Australian Strategic Policy Institute (ASPI)'s Cyber, Technology and Security program and a Research Consultant at the Centre for Strategic and International Studies (CSIS) Indonesia; and Dr. Dody Wibowo, an Assistant Professor at the Faculty of Social and Political Science in Universitas Gadjah Mada.

Meanwhile, the Youth Experts consisted of Capt. Sherhannah Paiso-Bahjin Prof, a Military Professor of Psychology and Social Anthropology in the Military Forces of the Philippines; Ms. Fatimah Zahrah, a Regional Coordinator of ASEAN Youth Forum; Ms. Rizka Antika, a member of ASEAN Rising Leaders; and Mr. Irfan Amalee, a Co-Founder and Executive Director of PeaceGeneration Indonesia.

The main agenda was to brief the Trainers and Youth Experts on their role during the Training.

The Youth Experts were expected to present a predetermined topic relating to peace and conflict, and serve as facilitators during the Training's sessions to assist the participants in group exercises.

Trainers were expected to construct a syllabus, based on the Training Outline, and guided by the National Consultants. Here, Mr. Bahrul Wijaksana would prepare and deliver a syllabus on conflict analysis and transformation; Dr. Fitriani would handle peace and peacebuilding; and Dr. Dody Wibowo would handle peace education, advocacy, and campaign. The Trainers were given one month to prepare and present their proposed syllabus for feedback.

In their response, the Trainers suggested preparing a hypothetical case for roleplay sessions where the participants would be divided into groups and enter into a negotiation process to advocate their interests. These sessions aimed to allow the participants to contextualize and practice the substantial knowledge delivered by Trainers through lectures.

ii Second Preparatory Meeting

Attendees:

1. Ambassador Artauli RMP Tobing, the Representative of Indonesia to the AB of ASEAN-IPR
2. Dr. Fitriani, Trainer
3. Dr. Dody Wibowo, Trainer
4. Ms. Devita Kartika Putri, National Consultant
5. Ms. Diantika Rindam Floranti, National Consultant
6. Dr. Arifah Rahmawati, National Consultant
7. Ms. Husnul Khotimah, Project Administrative Assistant
8. Ms. Zahra Arviani Hadian, Project Secretariat
9. Ms. Mellani Indrie Pramudita, Project Finance Officer

The second Preparatory Meeting was held on 19 April 2024, to present and refine proposed syllabi. Dr. Fitriani was first to present her syllabus, comprising four topics: the theories of peace, the foundations of peace, peace process, and peacebuilding. Her materials encompassed gender perspectives, theories, and practical aspects as well as quizzes and short exercises. Dr. Wibowo then presented his materials on peace education, peace campaign, and peace advocacy. His materials are divided into three sessions: an introductory exercise, a lecture, and a group activity.

Based on these presentations, the National Consultants gave comments and feedback, two key points being:

First, both draft syllabi matched the objectives of the Training. Both Trainers had proposed a combined teaching method of lectures, group exercises, and roleplays, to ensure an interactive learning process. The materials were comprehensive and detailed, and appropriate to equip Participants with the modalities to engage in peacebuilding in their role as the youth generation.

Second, the National Consultants underlined the Participant's government and non-government backgrounds. This factor is key in drafting a

syllabus. The materials and group exercises should emphasize how these stakeholders could come to understand that peacebuilding demands collaboration for success. Thus, materials and the group activities must be tailored to clarify that both sides have modalities and strengths that are distinct and complementary.

The Trainers responded well to feedback. They suggested that the materials be oriented by a bottom-up approach to promote an interactive learning approach, by pushing the Participants to brainstorm collectively.

Mr. Bahrul Wijaksana presented his syllabus in a separate meeting on 2 May 2024 due to scheduling conflict. Mr. Wijaksana's syllabus likewise combined different methods of teaching, ranging from lectures, group exercises, and roleplays. The lectures focused on understanding the roots of conflicts which cover themes such as identity and conflicting needs. They also addressed how to analyze conflict, and the precursors of conflict transformation. The group exercises consisted of games to introduce the materials, while the role plays focused on understanding how the interests of different groups can fuel tensions of conflict. The National Consultants gave similar feedback, and again highlighted the pertinence of the Participant's backgrounds.



Finalizing the Syllabus

Following the syllabus presentations, the National Consultants prepared written feedback to give additional comments to each draft syllabus. The key points were:

1. more emphasis on the roots of conflict. This was important to include so that the participants could understand a 'conflict' not only in its manifested form, but rather, in its roots and contextual outlook—highlighting the relevance of identity, context, and interests of different groups that may be conducive to causing conflicts;
2. ensuring the balance between lectures and exercises. This was important to allow the participants to contextualize and practice their understanding of hypothetical cases;
3. a review and adjustment of allocated time for each session.

Coordination Meeting

Attendees:

1. Ambassador Artauli RMP Tobing, the Representative of Indonesia to the AB of ASEAN-IPR
2. Ms. Faby Izaura Yulvahera Barus, Finance Officer of the ASEAN-IPR Secretariat
3. Mr. Zin Aung Swe, Program Coordinator of JAIF
4. Mr. Kitayama Seigo, Japan Mission to ASEAN
5. Ms. Mai Satouchi, Japan Mission to ASEAN
6. Ms. Nisrina Nuraini Nafisah, Proponent, MoFA Indonesia
7. Ms. Devita Kartika Putri, National Consultant
8. Ms. Diantika Rindam Floranti, National Consultant
9. Dr. Arifah Rahmawati, National Consultant
10. Ms. Husnul Khotimah, Project Administrative Assistant
11. Ms. Zahra Arviani Hadian, Project Secretariat
12. Ms. Mellani Indrie Pramudita, Project Finance Officer

The Coordination Meeting was convened on 13 May 2024 in hybrid form, with the National Consultants joining through an online video conference. The main agenda was reporting progress of the Training, specifically: confirming participants; the composition of Trainers, Youth Experts and other persons; and presenting the rundown of the Training.

By 13 May, almost all AMS had carried out nominations and selected 3 participants, except Singapore who elected to send only 2 participants. Indonesia selected their fourth participant and used the remaining slot. At this stage, 52% of participants were female and 48% were male. At the end of the Training, the ratio achieved a 50:50 balance.

The National Consultants also updated the composition of the Trainers and Youth Experts and the topics they will each deliver:

Of the Trainers, Mr. Bahrul Wicaksana will deliver

the subject of conflict, conflict analysis, and conflict transformation. Dr. Fitriani, will deliver peace and peacebuilding. Dr. Dody Wibowo will deliver the materials on peace campaigns, peace education, and peace advocacy.

From the Youth Experts, Capt. Sherhannah Paiso-Bahjin Prof. will present the Philippine National Action Plan on Youth, Peace and Security. Ms. Fatimah Zahra will present on youth and technology in the context of peacebuilding. Ms. Rizka Antika will discuss religious tolerance and preventing extremism. Lastly, Mr. Irfan Amalee, will be delivering on non-violence actions and peace education.

The National Consultants then laid out the proposed rundown.

The first day will start with an Opening Ceremony where Prof. Yamanaka will deliver a keynote speech on youth and women in the global context. This will be followed by training

(lectures and activities) until the third day. The fourth day will be a visit to PeaceGeneration Indonesia in Bandung, including a guided tour of their offices. The fifth and final day will consist of a final session of case studies and role-play and the Closing Night ceremony.

An evaluation session is scheduled the following day, between the Project Management Team (including the National consultants), Trainers, and Youth Experts. The purpose is to identify the achievements and challenges of the Training for future work.



Trainers and Youth Experts Meeting

Attendees:

1. Ambassador Artauli RMP Tobing, the Representative of Indonesia to the AB of ASEAN-IPR
2. Dr. Fitriani, Trainer
3. Mr. Bahrul Wijaksana, Trainer
4. Dr. Dody Wibowo, Trainer
5. Capt. Sherhannah Paiso-Bahjin Prof, Youth Expert
6. Ms. Fatimah Zahra, Youth Expert
7. Ms. Adriana Anjani (Representing Irfan Amalee), Youth Expert
8. Ms. Riska Antika, Youth Expert
9. Ms. Devita Kartika Putri, National Consultant
10. Ms. Diantika Rindam Floranti, National Consultant
11. Dr. Arifah Rahmawati, National Consultant
12. Ms. Husnul Khotimah, Project Administrative Assistant

A meeting between the Trainers and Youth Experts was convened on 31 May 2024. The main agenda was for the Trainers to share their syllabi and instruct the Youth Experts on their role as Facilitators for the group exercises.

In brief, Dr. Fitriani explained:

- There will be 2 ice-breaking sessions, only 1 of which requires the assistance of the facilitators.
- There will be 1 role-play session where the participants will be divided into 4 groups. Each representing the interests of a party

in the hypothetical case. The objective is to negotiate and work toward a peace agreement. In the end, the groups will reflect on their processes. The Facilitators are expected to facilitate the negotiation and reflection process.

Dr. Dody Wibowo's instructions were that:

- The participants will be divided into groups according to their nationality. They will be asked to reflect on their countries' peacebuilding situations. The facilitators will be asked to facilitate the discussion and take notes on key points.

- The second activity is to design an RPP Matrix (Reflecting on Peace Practice Matrix). The Facilitators are expected to facilitate the flow of questions, and discussions, and record them. Overall, the Facilitators should guide group collaboration.

Finally, Mr. Bahrul Wijaksana explained:

- That his session will comprise 4 games and 2 exercises. Facilitators will be expected to assist in both exercises. They will be tasked to brief the participants on their scripts which they will act out to their counterparts. Afterwards, the Facilitators will facilitate the reflection process.



Participants' Briefing

Attendees:

1. Ambassador Artauli RMP Tobing, the Representative of Indonesia to the AB of ASEAN-IPR
2. Ms. Mai Satouchi, Japan Mission to ASEAN
3. Ms. Devita Kartika Putri, National Consultant
4. Ms. Diantika Rindam Floranti, National Consultant
5. Dr. Arifah Rahmawati, National Consultant
6. Ms. Husnul Khotimah, Project Administrative Assistant
7. Ms. Zahra Arviani Hadian, Project Secretariat
8. Ms. Mellani Indrie Pramudita, Project Finance Officer
9. Participants from AMS, Japan, and Timor Leste

The Participants' Briefing was convened virtually on 7 June 2024. The session kicked off with introductions from each participant and a brief welcome by Ambassador Artauli RMP Tobing. The main agenda was to give participants an overview of the objectives and content of the Training, as well as key points to prepare in advance. Key points include:

- The Project Management Team was to prepare a Training and Travel Handbook for all participants, to familiarize them with the terms of the Training and provide specific travel information for their trip to Indonesia.
- The participants were informed of their deliverable, namely, an action plan which was to be prepared in groups according to nationality. The action plan was to be presented on the last day of the Training before the Closing Night. The action plan should focus on youth participation in peacebuilding efforts. Another deliverable was an article that could be written as individuals or in groups.



Challenges and Adjustments

During preparation, the Project Management Team encountered several challenges that led to adjustments:

- The timeline to nominate and select participants was extended to give more time for each AMS to consider their choices. Hence, certain dates for meetings and technical preparation were rescheduled;
- One of the Trainers, Mr. Bahrul Wijaksana, was forced to withdraw from the Training due to a conflicting commitment that required his full attention. He was immediately replaced by Mr. Agus Nahrowi, the Learning and Development Manager at Earthworm Foundation. Mr. Agus uses the same syllabus prepared by Mr. Wijaksana, with a few technical adjustments made to the group exercises and duration of each session.

2 The Training



Pre-Training Briefing

Attendees:

1. Ambassador Artauli RMP Tobing, the Representative of Indonesia to the AB of ASEAN-IPR
2. Mr. Boyke Nurdin, Proponent, MoFA Indonesia
3. Mr. Agus Nahrowi, Trainer
4. Dr. Fitriani, Trainer
5. Mr. Irfan Amalee, Youth Expert
6. Ms. Fatimah Zahra, Youth Expert
7. Ms. Rizka Antika, Youth Expert
8. Capt. Sherhannah Paiso-Bahjin Prof, Youth Expert
9. Ms. Devita Kartika Putri, National Consultant
10. Ms. Diantika Rindam, National Consultant
11. Dr. Arifah Rahmawati, National Consultant
12. Ms. Husnul Khotimah, Project Administrative Assistant
13. Ms. Zahra Arviani Hadian, Project Secretariat
14. Ms. Mellani Indrie Pramudita, Project Finance Officer
15. Mr. Andrew Mugi Wiyasa, Project Support Staff

The Pre-Training Briefing took place on 28 July 2024, a day before the Training commenced. The session opened with welcoming remarks from Ambassador Artauli RMP Tobing before Dr. Arifah Rahmawati took the lead.

During the Briefing, the National Consultants relayed new information on the Training. One key development was that a survey would be given to all participants at the end of each day's sessions. These are meant to gather participant's opinions on the challenges during the program that the youth encounter that may hinder their participation in peacebuilding as well as the steps they believe might encourage more meaningful participation of youth as

peacebuilders. Additionally, the Trainers and Youth Experts reiterated a summary of their materials and addressed key points of their sessions, including technical preparations and division of labor for the Facilitators.

The meeting also discussed the need for communications guidelines for the participants, similar to the Chatham House Rules (note: When a meeting, or part thereof, is held under the Chatham House Rule, participants are free to use the information received, but neither the identity nor the affiliation of the speaker(s), nor that of any other participant, may be revealed). This was important to facilitate free and meaningful participation.



The Training Rundown

DAY 1 – Opening Day (Monday, 29 July 2024)

TIME	AGENDA
08.00 – 08.30 (30")	Registration
08.30 – 08.45 (15")	Opening Remarks: <ol style="list-style-type: none"> Ambassador Adam M Tugio, the Representative of Indonesia to the ASEAN-IPR Governing Council. H.E. Khamfeuang PHANTHAXAY, the Representative of Lao PDR to the ASEAN-IPR Advisory Board, AB Chair.
08.45 – 09.15 (30")	Keynote Speech by Prof. Akiko Yamanaka
09.15 – 09.20 (5")	Photo session
09.20 – 09.40 (20")	Coffee Break
09.40 – 09.45 (5")	Introduction to the Training
09.45 – 10.15 (30")	ASEAN-IPR and the Youth by Mr. Rif'at Fachir
10.15 – 11.15 (30")	Pre-Training Test
Youth Expert Panel	
11.15 – 11.45 (30")	"National Action Plan on Youth, Peace and Security – Case Study of the Philippines" by Capt. Sherhannah Paise-Bahjin Prof
11.45 – 12.15 (30")	"Youth & Tech in Peacebuilding" by Fatimah Zahra (AYF)
12.15 – 12.35 (20")	QnA & Discussion
12.35 – 13.45 (70")	Lunch
13.45 – 14.15 (30")	"Religious tolerance and preventing violent extremism" by Rizka Antika
14.15 – 14.45 (30")	"Non-violent action and peace campaign" by Irfan Amalee
14.45 – 15.05 (20")	QnA & Discussion
15.05 – 15.15 (10")	Coffee Break
15.15 – 15.45 (30")	Closing and briefing
Post-Training	
15.45 – 16.00 (15")	Group reflections with facilitators
16.00 – 19.00 (180")	Free time
19.00 – 20.30 (90")	Welcome Dinner with Trainers, Youth Experts, and Participants

DAY 2 – Understanding Conflict (Tuesday, 30 July 2024)

TIME	AGENDA
08.30 – 09.00 (30")	Registration
Session 1	
09.00 – 10.15 (75")	What is conflict?
10.15 – 10.30 (15")	Coffee break
10.30 – 12.00 (90")	Factors in a Conflict
12.00 – 13.00 (60")	Lunch
Session 2	
13.00 – 13.45 (45")	Assessing Styles of Conflict
13.45 – 15.15 (90")	Analyzing Conflicts
15.15 – 15.30 (15")	Coffee break
15.30 – 16.15 (45")	Learning reflection
Post-Training	
16.15 – 16.30 (15")	Group reflections with facilitators
16.30 – 19.00 (210")	Free time
19.00 – 20.30 (90")	Dinner

DAY 3 – Understanding Peace(building) (Wednesday, 31 July 2024)

TIME	AGENDA
08.30 – 09.00 (30")	Registration
Session 1	
09.00 – 09.05 (5")	Introduction
09.05 – 10.00 (55")	Understanding peacebuilding
10.00 – 10.15 (15")	Coffee Break
10.15 – 11.15 (60")	Roleplaying peacebuilding
11.15 – 11.45 (30")	Reflections on roleplays
11.45 – 13.00 (75")	Lunch
Session 2	
13.00 – 14.00 (60")	Youth, Women, Peace and Security
14.00 – 15.00 (75")	ICRC Guest Speaker: Post-Conflict Humanitarian Efforts
15.15 – 15.30 (15")	Coffee Break
15.30 – 15.45 (15")	Group reflections with facilitators
Post-Training	
15.45 – 19.00 (195")	Free time
19.00 – 20.30 (90")	Dinner

DAY 4 – Study Visit (Thursday, 1 August 2024)

TIME	AGENDA
05.30 – 06.00 (30")	Registration, Preparation & Boarding the Transport Bus
06.00 – 08.30 (150")	Road trip to Bandung
Session 1 – Introduction, Tour, Discussion	
08.30 – 09.00 (30")	Greetings and Coffee Break
09.00 – 09.15 (15")	Opening and Ice Breaking
09.15 – 09.30 (15")	Introduction by PeaceGeneration Indonesia
09.30 – 09.35 (5")	Group Photo
09.35 – 10.20 (45")	Presentation: Building a Sustainable and Collaborative Peace Education by Irfan Amalee and Eric Lincoln (Co-Founders)
10.20 – 10.45 (25")	Discussion and QnA
10.45 – 11.45 (60")	Activity: Board Games
11.45 – 12.45 (60")	PeaceGeneration Indonesia Office Tour
Session 2	
12.45 – 14.15 (90")	Lunch
14.15 – 16.30 (135")	Free time (Trip to Paris Van Java)
16.30 – 19.00 (150")	Road Trip to Trembesi Hotel, Jakarta
Post-Training	
19.00 – 20.30 (90")	Dinner



DAY 5 – Peace Education, Campaign, and Advocacy (Friday, 2 August 2024)

TIME	AGENDA
08.30 – 09.00 (30")	Registration
Session 1 – Introductory Exercise	
09.00 – 10.00 (60")	Overview of non-violent action, peace education, and peace advocacy
10.00 – 10.15 (15")	Coffee Break
Session 2 – Lecture	
10.15 – 11.45 (90")	Transformative peacebuilding & case study
11.45 – 13.15 (90")	Lunch
Session 3 – Group Activity/Exercise	
13.15 – 15.15 (120")	Role play scenarios
15.15 – 16.15 (60")	Presenting action plans
16.15 – 16.30 (15")	Post-Training Survey and Closing Briefing
Post-Training	
16.30 – 18.15 (105")	Free Time
18.15 – 18.45 (30")	Registration
18.45 – 19.05 (20")	Closing remarks <ol style="list-style-type: none"> 1. Project Management Team 2. Ambassador I Gusti Agung Wesaka Puja, Executive Director of ASEAN-IPR Secretariat. 3. H.E. Kiya Masahiko, Ambassador of Japan to ASEAN 4. Ms. Carolina Tinangon, speaking on behalf of Ambassador Sidharto R. Suryodipuro, (Indonesia's Director General for ASEAN cooperation)
19.05 – 19.15 (10")	Award ceremony
19.15 – 19.20 (5")	Photo session
19.20 – 21.00 (100")	Dinner and Performance

Post-Training Evaluation (Saturday, 3 August 2024)

TIME	AGENDA
08.15 – 08.35 (20")	Presentation of participant test and survey
08.35 – 08.35 (60")	Reflection
09.35 – 10.00 (25")	Inputs & Future Work
10.00 – 10.10 (10")	Closing Remarks & Acknowledgements
12.00 – 13.15 (75")	Lunch



Activity Summaries



Opening Day

The Training's Opening Day consisted of 1) The Opening Ceremony, 2) Introduction of the Training, and the 3) Youth Expert Panel.

The Opening Ceremony commenced with remarks from two distinguished representatives, highlighting the critical role of youth in peacebuilding within the ASEAN region.

Ambassador Adam M. Tugio, the Representative of Indonesia to the GC of ASEAN-IPR, emphasized the vast potential of the region's youth, noting their significant numbers and their crucial potential role in fostering peace.

Echoing this sentiment, H.E. Khamfeuag Phantaxay, the Representative of Lao PDR to the AB of ASEAN-IPR, underscored that today's youth will evolve into the leaders of tomorrow, underlining their importance in peace initiatives.

Following these remarks, a Keynote Speech was delivered by Prof. Akiko Yamanaka, who provided an in-depth analysis of the current global challenges, both traditional and non-traditional. Prof. Yamanaka highlighted the critical role that youth and women can play in addressing these issues, advocating for their involvement as a pathway to create a better world.

The Training's Introduction was delivered in two parts. First, Ms. Devita Kartika Putri, a National Consultant, laid out an overview of the training and its agenda, and its design to equip participants with essential skills and knowledge in peacebuilding. She also outlined the various sessions and workshops that will be conducted during the training.

Second, Mr. Rif'at S. Fachir, the Communications Officer of ASEAN-IPR Secretariat, continued by introducing ASEAN-IPR's initiatives aimed at promoting and sustaining peace. He concluded his session with several recommendations on how youth can enhance their contributions to peacebuilding. This included creating and spreading narratives that promote tolerance and understanding, developing and utilizing technology to advance peace and counter misinformation, engaging in peer-to-peer exchanges and networking to foster diversity, and building intergenerational trust.

The Youth Expert Panel featured four prominent youth experts who shared their insights on key areas relevant to peacebuilding, with a focus on the unique contributions of youth.

Capt. Sherhannah Paiso-Bahjin Prof began by addressing the pressing issues of youth



extremism and radicalization in the Philippines, linking these challenges to national security concerns. She detailed the Philippines' National Action Plan on Youth, Peace, and Security (NAYPS) as a strategic response to mitigate these issues.

Ms. Fatimah Zahra followed, and explored the role of digital tools in empowering youth activists across Southeast Asia, emphasizing how technology is revolutionizing political engagement and mobilization.

The discussion continued with a panel session, where participants engaged with the experts on various topics. Questions ranged from promoting awareness of violent extremism in non-affected countries to distinguishing between terrorism and legitimate resistance. Capt. Sherhannah and Ms. Fatimah provided nuanced responses, highlighting the importance of strategic approaches and digital literacy in countering extremism.

Subsequent presentations by Ms. Rizka Antika (ASEAN Rising Leaders) and Mr. Irfan Amalee (PeaceGeneration Indonesia), delved into religious tolerance, nonviolent action, and the integration of peace education into school curriculums. They shared practical strategies for fostering interfaith dialogue and advocating for peaceful change, drawing from both personal experiences and broader peacebuilding efforts.

The panel concluded with an interactive session where participants posed questions on overcoming traditional barriers, managing backlash to peace campaigns, and challenging patriarchal mindsets. The experts emphasized the importance of strategic relationship-building, leveraging networks, and integrating personal passions into peacebuilding initiatives, offering valuable guidance for young leaders committed to promoting peace and security.



ii

Understanding Conflict

On the second day the participants began their first formal sessions, “Understanding Conflict” with Mr. Agus Nahrowi from the Earthworm Foundation as the trainer, replacing Mr. Bahrul Wijaksana. Dr. Arifah Rahmawati, a national consultant, outlined principles and ground rules reflecting the Chatham House Rules, which encouraged open sharing while maintaining speaker confidentiality. The participants were encouraged to respect others, stay on topic, and engage actively in the learning process. Thereafter, Mr. Agus led interactive ice-breaker exercises that set a collaborative tone, allowed participants to showcase their qualities and build a rapport.



The morning session focused on the concept of conflict, with Mr. Agus introducing various definitions and sources of conflict such as resources, interests, and opposing values. Through creative group exercises, participants explored the complexities of conflict, visualizing and discussing how the formations and human sculptures they formed with their bodies during games represent different conflicts. This hands-on approach helped deepen their understanding of conflict dynamics and the importance of considering diverse perspectives.

In the afternoon, participants engaged in practical conflict assessments, identifying their own individual conflict styles and learning how different approaches influence communications and negotiation outcomes. A negotiation role-play exercise, the Red Sugarcane Case, allowed participants to apply these skills, emphasizing the importance of understanding underlying interests for successful conflict resolution. The day concluded with a group discussion on a case study involving the forced eviction of Indigenous people, further solidifying the participants' ability to analyze and address conflicts comprehensively.



Understanding Peace(building)



The third day comprises two main agenda: 1) “Understanding Peace(building) with Dr. Fitriani as the Trainer; and 2) A guest speaker session on Post-Conflict Humanitarian Efforts delivered by Mr. Masayoshi Mita, the Regional Humanitarian Advisor of the International Committee of the Red Cross (ICRC) Jakarta Office.

Dr. Fitriani began with an exercise called the collaborative pick-up to illustrate the interdependence needed for peace. Participants, grouped by height, collected balls to demonstrate how collective cooperation is essential for achieving peace. This activity set the stage for Dr. Fitriani’s presentation on the types and elements of conflicts, based on Johan Galtung’s conflict theory. She highlighted the structural, cultural, and direct aspects of conflict, and discussed the current role of youth in ASEAN peacebuilding, stressing their importance in fostering regional peace.

The session continued with an ice-breaker exercise called the human knot, participants worked together to untangle themselves, symbolizing the complexity and collaborative effort required to resolve conflicts. Dr. Fitriani

then outlined the stages of peacebuilding, from conflict resolution to post-conflict transformation, and discussed challenges like financial limitations and communication gaps. Participants engaged in a negotiation exercise based on the ‘Ritflands Case Scenario,’ simulating real-world conflict resolution, where the significance of inclusive approaches and policies for sustainable peace were emphasized.

Dr. Fitriani concluded her session by discussing Women, Peace, and Security (WPS) and Youth, Peace, and Security (YPS), noting that ASEAN Member States still needed to develop National Action Plans (NAPs) for YPS, with the Philippines being a notable exception. Concluding, Dr. Arifah Rahmawati provided an overview of United Nations Security Council resolutions on WPS and YPS, detailing their origins, purposes, and key elements, and underscored their importance in global peacebuilding efforts.

The second session of the day featured a guest speaker, Mr. Masayoshi Mita. He provided an overview of the ICRC’s founding by Henry Dunant and the establishment of the Geneva Conventions, detailing the organization’s role as a neutral and impartial entity dedicated

to protecting and assisting victims of armed conflict. Mr. Mita emphasized the core principles of the ICRC—humanity, impartiality, neutrality, independence, voluntary service, unity, and universality—and explained the dual mission of providing direct humanitarian assistance and advocating for the respect and implementation of International Humanitarian Law (IHL).

Mr. Mita also highlighted the vital role of youth in humanitarian efforts and the upholding of IHL, stressing the importance of young people understanding and engaging with humanitarian principles. Participants posed several questions, with the ICRC addressing topics such as the training and safety of workers in conflict areas, fundraising efforts, and handling challenging situations. The speaker underscored the significance of humanitarian law in ensuring the safety and security of ICRC workers and enhancing the understanding of these principles among the youth.



iv

Study Visit to PeaceGeneration Indonesia



On day four, the participants visited the PeaceGeneration Indonesia Office in Bandung, West Java. The study-visit aimed to provide participants with practical experience in peacebuilding. It began with a recorded video message from Mr. Eric Lincoln, co-founder of PeaceGeneration, who encouraged participants to immerse themselves in peace education principles and apply these insights in their communities. Ambassador Adam M. Tugio echoed these sentiments, emphasizing the importance of implementing innovative peacebuilding strategies within ASEAN. He honored Mr. Irfan Amalee with a token of appreciation for his dedication to promoting peace education.

Ms. Adriana Anjani presented an overview of PeaceGeneration Indonesia, detailing its origins, mission, and initiatives to promote peace education and counter violent extremism. She highlighted their flagship programs, including Breaking Down the Wall, Board Game for Peace, Guru Abad 21, and Heroes of Ecology and Peace. Mr. Irfan Amalee further shared experiences and projects illustrating PeaceGeneration's impact. An interactive exercise demonstrated the importance of identity in peacebuilding, and a board game, Galaxy Obscuro, taught participants the necessity of collaboration for peace. The visit concluded with a tour of PeaceGeneration's facilities.



After lunch, the participants had free time to explore the Paris van Java mall/area, where they explored the lively streets, visited unique boutiques, and enjoyed local and international cuisines



v

Peace Education, Campaign and Advocacy



The fifth day consisted of two main agenda: 1) materials from Dr. Dody Wibowo on Peace Education, Peace Advocacy and Peace Campaign; and 2) the presentation of National Action Plans (NAP) from the participants.

The morning session, led by Dr. Dody Wibowo, from Gadjah Mada University, focused on conflict theory and peace education, drawing from Johan Galtung's framework. Dr. Wibowo outlined essential peace education skills, including self-reflection, creative and critical thinking, conflict analysis, negotiation, mediation, decision-making, communication, empathy, networking, and commitment. He emphasized the need for continuous practice and adaptation of these skills to evolving contexts. Advocating for creative and nonviolent methods, Dr. Wibowo stressed the importance of resource availability and cultural respect in peace education. He highlighted that effective peace education fosters equal learning relationships between teachers and students, promoting cooperation and collaboration for peace-building.

Dr. Wibowo also covered conflict analysis, identifying key driving factors that instigate conflicts. He emphasized understanding the crucial interactions within and between, factors and actors. To manage conflicts constructively, he advised participants to identify key driving actors and consider their capacity and available resources when choosing intervention points. This approach helps in transforming conflicts and achieving lasting peace.

Prior and during the Training participants had worked in groups based on their nationality to develop an Action Plan specific to their country's needs. This Action Plan should detail practical steps that can be implemented within their communities' context. On this final day of training, prior to the Closing Ceremony, participants presented their Action Plans to the entire class. This presentation offered a platform to share strategies, receive constructive feedback, and promote collaborative efforts to achieve the training's objectives. In this afternoon session, group's NAP could be summarized as follows:

- **Vietnam:** “ASEAN young diplomats exchange programme”. The overall goal of this project is for young ASEAN diplomats to share experiences and learn from each other in promoting the role of youth in the peace-building process, joining hands to build a peaceful and resilient community.
- **The Philippines:** “Empowerment, Recovery, and Rehabilitation Initiatives For the Victims of Terrorism and Conflicts (VoTCs) in the Bangsamoro Autonomous Region of Muslim Mindanao, Philippines”. The overall goal of the initiatives for VoTCs is to assist the youth, women, and children in situations of armed conflict in social healing, recovery, and rehabilitation. This project involves youth in several phases: community level engagements, examining local grievances and militant groups in the Southern Philippines, and organizing an inclusive and organized body of VoTCs, acknowledged by all stakeholders.
- **Thailand:** “Let’s talk honey: older generations and GenY - Z”. The overall goal of this project is to equip youths and older generations alike with compatible communication to help them work and coexist, bridging generational gaps and fostering respect. This is achieved through pre-workshop consultation, workshop, and focus group interview (to reflect on the practicality of skills learned during the workshop).
- **Brunei Darussalam:** “Ensuring Fair Collaboration Without Compromise for NGOs”. The project seeks to address the lack of structured dialogue and collaboration between the government and non-governmental organizations (NGOs) in Brunei. This gap results in misaligned goals, inefficient use of resources, and missed opportunities for social progress, particularly in areas affecting minority groups and youth. This is achieved through convening a youth forum.
- **Malaysia:** “Nextgen Political Engagement Program (NGPEP)”. The overall aim of this project is to increase youth political awareness, enhance young people’s understanding of political processes, civic duties, and their role in governance. This is achieved through establishing youth platforms and leadership training.
- **Cambodia:** “Peace 101”. The objective of this action plan is to further promote peace education among youth, to introduce concepts, principles & skills of peace to youth, and to instill peace-oriented values in the youth. Peace 101 would also seek to develop an app targeted for youth.
- **Timor Leste:** “Path to Peace”. The overall aim is to ensure that Children Born of War (CBW) and youth rights are protected and respected by the state and society as a whole. This is achieved through peacebuilding and agreements among community/family, and CBW and youth over several years.
- **Myanmar:** Youth Peace Ambassadors in Myanmar”. The overall aim of this project is to foster peace, mutual understanding and cooperation among youth from different ethnic backgrounds through nominating the Youth Peace Ambassadors in Myanmar. Those chosen will undergo training, workshops, and mentorship.
- **Lao PDR:** “Action Plan on Promoting Peace Awareness amongst Youths in Lao PDR” The overall goal of this project is to promote awareness and enhance skills of youth in Lao PDR in the realm of peacebuilding by conducting skill training programs on conflict resolution and peace as well as establishing a youth-



led peace organization to coordinate peacebuilding activities.

■ **Japan:** “Voices for Tokyo” . The overall aim of this is to enhance the youth participation into the actual policy decisions through a 3 year pilot program in Tokyo schools. It aims to correct the low youth voter participation in elections and in the policy-making processes. By providing equal education opportunities in politics and developing skills, the project aims to increase youth participation in policy making, and evaluation; and build more connections with existing Youth policymakers.

■ **Singapore:** “Youth & Migrant Workers Inclusion in Singapore”. The overall goal of this action plan is to increase youth awareness and their contribution to social

justice relation to migrants. Youth can help ease tensions between locals and migrant workers by creating platforms for cultural exchange and understanding. They can volunteer in community programs that assist immigrants in learning local languages and customs, or participate in dialogues that highlight the contributions of migrant workers to Singaporean society.

■ **Indonesia:** “Indonesian Youth Peace Community Forum”. The overall goal of this project is to provide a platform for young people in shaping the essential skills of democracy and peace, and foster critical thinking and problem-solving skills among youth. This was achieved through conducting a youth camp.

Attendees:

1. H.E. Kiya Masahiko, the Ambassador of Japan to ASEAN
2. Ms. Carolina Tinangon, the Secretary to the Directorate General of ASEAN Cooperation, Ministry of Foreign Affairs of the Republic of Indonesia
3. Ambassador Adam M. Tugio, the Representative of Indonesia to the GC of ASEAN-IPR
4. H.E. U Than Tun, the Representative of Myanmar to the AB of ASEAN-IPR
5. H.E. Khamfeuang Phantaxay, the Representative of Lao PDR to the AB of ASEAN-IPR
6. Ambassador Artauli RMP Tobing, the Representative of Indonesia to the AB of ASEAN-IPR
7. Dr. Darnp Sukontasap, the Representative of Thailand to the AB of ASEAN-IPR
8. Ambassador I Gusti Agung Wesaka Puja, Executive Director of ASEAN-IPR
9. Ms. Jennie Claire Mordeno, Alternate Representative of the Philippines to the AB of ASEAN-IPR
10. Mr. Lin Chankakada, Alternate Representative of Cambodia to the GC of ASEAN-IPR
11. Mr. Borg Tsien Tham, Alternate Representative of Singapore to the GC of ASEAN-IPR
12. Mr. Marthy Angue, Alternate Representative of the Philippines to the GC of ASEAN-IPR
13. Mr. Bann Sokvibol, Alternate Representative of Cambodia to the AB of ASEAN-IPR
14. Ms. Jennie Claire Mordeno, Alternate Representative of the Philippines to the AB of ASEAN-IPR
15. Mr. Boyke Nurdin, Proponent, MoFA Indonesia
16. Ms. Esther Perry, Australia Mission to ASEAN
17. Ms. Satouchi Mai, Japan Mission to ASEAN
18. Mr. Equilibrium Tampubolon, UK Mission to ASEAN
19. Mr. Dominic So, US Mission to ASEAN
20. Mr. Ivan Pozdnyakov, Russian Mission to ASEAN
21. Mr. Alvin Adityo, Netherlands Mission to ASEAN
22. Mr. Zin Aung Swe, Project Coordinator JAIF
23. Mr. Yuta Okuyama, Chief of Staff President of ERIA

24. Ambassador Bagas Hapsoro, Representative of Indonesia to the GC of ASEAN-IPR (2013-2015)
25. Ms. Faby Izaura Barus, Finance Officer of ASEAN-IPR Secretariat
26. Ms. Kartika Budhi Wijayanti, Project Management Officer of ASEAN-IPR Secretariat
27. Mr. Rif'at S. Fachir, Communication Officer of ASEAN-IPR Secretariat
28. Mr. Deni Mulya, Finance Assistant of the ASEAN-IPR Secretariat
29. Ms. Sherley Adalia, Project Management Assistant of the ASEAN-IPR Secretariat
30. Ms. Patricia Kesumahadi, Project Management Assistant of the ASEAN-IPR Secretariat
31. Mr. Agus Nahrowi, Trainer
32. Dr. Fitriani, Trainer
33. Dr. Dody Wibowo, Trainer
34. Mr. Irfan Amalee, Youth Expert
35. Ms. Fatimah Zahra, Youth Expert
36. Ms. Rizka Antika, Youth Expert
37. Capt. Sherhannah Paiso-Bahjin Prof, Youth Expert
38. Project Management Team
39. Participants

The Closing Ceremony was held on the evening of the fifth and last day of Training. The ceremony began with a speech from Ms. Devita Kartika Putri of the Project Management Team. She reflected on the week's achievements, emphasizing the progress made and future aspirations. Ms. Putri praised the participants for their dedication and highlighted the strong sense of collaboration evident throughout the sessions. Her speech concluded with a recap video that captured the essence of the training, showcasing the participants' journey and achievements.

Afterwards, the Executive Director of ASEAN-IPR, Ambassador I Gusti Agung Wesaka Puja, delivered his closing remarks. He centered his speech on inspiring the participants to continue their collaborative efforts in fostering a harmonious and peaceful ASEAN. Emphasizing the importance of unity, he encouraged everyone to apply the lessons learned during the training in their respective communities. He highlighted the critical role of youth in peacebuilding and urged them to stay committed and proactive in their endeavors, instilling a sense of purpose and dedication towards achieving lasting peace in the region.





The ceremony continued with remarks from H.E. Kiya Masahiko, the Ambassador of Japan to ASEAN, who expressed deep gratitude for supporting the training and reflected his commitment to Youth, Peace, and Security (YPS) initiatives. He highlighted the importance of such programs in fostering regional stability and development, sharing Japan's ongoing efforts in promoting YPS and encouraging continued partnership with ASEAN. Ms. Carolina Tinangon, speaking on behalf of Ambassador Sidharto R. Suryodipuro, (Indonesia's Director General for ASEAN cooperation) echoed previous sentiments, underscoring the participants' significant role in future peacebuilding. She highlighted their potential to lead positive change across the region, concluding with a call to action for continued dedication and commitment.

The ceremony concluded with the awards presentation. Myanmar received the Best Action Plan award, Ms. Amandina from Timor Leste was honored with both the Most Enthusiastic Participant and Most Knowledgeable Participant awards, and Ms. Nafila from Indonesia received the Youth as a Peacebuilder award. Dinner followed, featuring performances by participants and invited guests, including a vibrant dance by Timor Leste participants, and a rendition of John Lennon's 'Imagine' led by H.E. U Than Tun from Myanmar, a duet of 'Laskar Pelangi' by representatives from Indonesia and Brunei Darussalam, and a combination of singing and dancing from Thailand. The evening concluded with an energetic dance to the traditional tune 'Maumere' by Indonesian participants.



The Participants' Deliverables

The Participants' deliverables of this Training
can be accessed through the following link
<http://bit.ly/YTDeliverables2024>

or QR code:



3

Lessons Learned

Attendees:

1. Ambassador Adam M. Tugio, the Representative of Indonesia to the GC ASEAN-IPR
2. Ambassador Artauli RMP Tobing, the Representative of Indonesia to the AB of ASEAN-IPR
3. Mr. Boyke Nurdin, Proponent, MoFA Indonesia
4. Dr. Arifah Rahmawati, National Consultant
5. Ms. Devita Kartika Putri, National Consultant
6. Ms. Diantika Rindam, National Consultant
7. Mr. Agus Nahrawi, Trainer
8. Dr. Fitriani, Trainer
9. Dr. Dody Wibowo, Trainer
10. Mr. Irfan Amalee, Youth Expert
11. Ms. Fatimah Zahra, Youth Expert
12. Ms. Rizka Antika, Youth Expert
13. Capt. Sherhannah Paiso-Bahjin Prof, Youth Expert

A Post-Training Evaluation was conducted one day after the Training was completed, on 3 August 2024. It aimed to gather observations from the Trainers and Youth Experts as lessons learned for future reference.

Some key points include:

There was a noticeable increase in correct answers between the Pre-Test and Post-Test. The former had 286 correct answers out of 495, compared to 343 correct answers out of 495 in the latter. The majority improvement was seen in questions concerning conflict and peacebuilding.

Survey showed several common concerns shared amongst participants:

- First, there exist common challenges faced by youth that may hinder their meaningful participation in

peacebuilding: socio-economic and structural barriers, insufficient investments in youth participation, local hostilities, the lack of synergy between governments and youth, and lack of youth inclusiveness in decision and policy-making processes.

- Second, the participants have shared ideas that could be taken by governments and stakeholders to facilitate youth engagement in peacebuilding. For example, developing policies that foster youth

inclusion, enhancing youth access to economic opportunities and skills, creating youth peace advisory councils, and supporting initiatives led by youth.

- Third, participants highlighted certain skills they believe are essential for peacebuilding, including: problem-solving, critical thinking, creativity, fundraising, leadership, communication, and managing projects.
- In the Post-Training surveys, participants gave feedback for the Training. For example, the time management, where some sessions were longer than planned leading to delays. Furthermore, the participants also suggested field trips to cultural or historical sites in addition to the study visit to PeaceGeneration Indonesia.
- The Trainers and Youth Experts also gave observations. They welcomed the participants' ability to form social connections with each other, which were helpful during group exercises. They acknowledged the limited time available for the Training, which made it challenging to cover all material thoroughly. They praised the Training's approach of prioritizing group-focused learning activities as opposed to a one-way knowledge exchange. Such an approach was found to be effective in delivering the materials and maintaining the attention of the participants. This was seen in the participants' continuous participation in the sessions, QnA and discussions.
- In his response, Ambassador Adam M. Tugio emphasized the importance of a follow-up to this Training, having fit well with the participants' expectation of investment in youth initiatives. He also stated that the surveys could be instrumental as a source of ideas to create more opportunities for youth, particularly in the field of peacebuilding. While immediate changes may be unlikely, a proactive approach by engaging youth organizations could be feasible.
- Ambassador Tobing also shared her thoughts on the Training. She saw that participants were able to mix with ease. She attributed this to the work of the Trainers and Youth Experts in fostering a supportive and engaging environment throughout the Training. In addition, she hopes that the Training will serve as a valuable lesson about ASEAN, its purpose, and its essence; as instill peacebuilding in the region, requires understanding its diverse landscape.

4 Trainers and Youth Experts' Profiles



Trainers



Mr. Agus Nahrowi

Agus Nahrowi, alias Gusrowi, is a professional trainer and facilitator. He works for the non-profit organization, Earthworm Foundation (EF), as Learning & Development Manager. His scope of work covers the design and implementation of programs, training and workshops, focusing on theory of change formulation, reflective learning, conflict resolution (mediation and negotiation), leadership and management, coaching/mentoring, peacebuilding, media messaging, and creative content creation. He has designed and facilitated numerous trainings and workshops, in various cities and towns in Indonesia as well as several cities abroad, such as Kuala Lumpur, Hanoi, Manila, Bangkok, Kathmandu, Bishkek and Dili.

Amid his busy schedule, he is active on social media, sharing expressions of his thoughts, snapshots and images captured from his mobile phone. He can be found at: @gusrowi_ahn (Instagram); @gusrowi (Facebook); @gusrowifist (Youtube), and @G-AHN (Tiktok). Gusrowi's publications include: *Cekidot Gusrowi* (Arruz Media, 2017); *Pengalaman Tak Pernah Salah* (Libri, 2018); *Mengeja Makna* (Jivaloka, 2020), and *100 Zikir Pantun Kehidupan* (Jivaloka, 2023).



Dr. Fitriani

Dr. Fitriani is a Senior Analyst at the Australian Strategic Policy Institute (ASPI)'s Cyber, Technology and Security program and a Research Consultant at the Centre for Strategic and International Studies (CSIS) Indonesia. Her research focuses on hybrid threats in the Indo-Pacific, peace and conflict studies, as well as foreign policy and non-traditional security issues. A political scientist by training, specializing in International Relations, peace, and security in Southeast Asia, Dr. Fitriani has a robust background in cybersecurity and women, peace, and security. She has contributed to numerous research projects with organizations such as UN Women, Oxfam, Peace Research Institute Oslo, Google, and the ASEAN Institute for Peace and Reconciliation. She uses the name Fitri Bintang Timur for her authorship.



Dr. Dody Wibowo

Dr. Dody Wibowo is a peace education specialist with over 20 years of experience, currently lecturing and heading Quality Assurance for the Master's program in Peace and Conflict Resolution at Universitas Gadjah Mada, Indonesia. He also serves as the Director of Advocacy and Community Empowerment at Sukma Foundation, focusing on peace education integration in school. Dody holds a PhD from the University of Otago, New Zealand, specializing in enhancing teachers' peace education delivery. His work spans collaboration with organizations like Peace Brigades International, Save the Children, and UNICEF Indonesia, contributing significantly to peacebuilding efforts.



Youth Experts



**Captain
Sherhannah
Paiso-Bahjin
Prof**

Captain Sherhannah is a Military Professor of Psychology and Social Anthropology who is also a Certified Curriculum Developer and Instructional Designer of the Armed Forces of the Philippines. Eloquent in English, Filipino, and Tausug dialect, she is the first Muslim woman from the Tausug Ethnolinguistic group who became a Military Professor and Researcher in the academic field of Clinical Psychology and Social Anthropology. She was featured in the GMA I Juander episode covering inspirational Filipino women: “Dalagang Pilipina.”

An alumna of the University of the Philippines with a Bachelor of Arts in Social Science, Major in Social Anthropology, and Minor in Psychology, she completed her Master of Science in Psychology, Cum Laude, at Saint Louis University.

Captain Sherhannah was also a part of the “Office of the Presidential Adviser on Peace Process-AFP-PNP Technical Working Group,” which conducted an Information Education and Communication (IEC) campaign for the “Government of the Philippines-MILF Peace Process focusing on the Bangsamoro Normalization Programs in the areas of Mindanao. She is also a consultant for “Women, Peace and Security (WPS),” “Youth, Peace, and Security,” “Children in Situations of Armed Conflict (CSAC)” and “Preventing and Countering Violent Extremism (PCVE)” of the Anti-Terrorism Council-Office of the President.



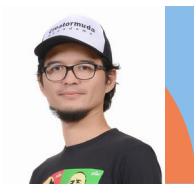
**Ms. Fatimah
Zahrah**

Ms. Zahrah currently serves as Regional Coordinator of ASEAN Youth Forum, a youth-led organization that works for the intersection of youth issues and human rights issues in Southeast Asia. She enjoys gardening and brewing coffee in her free time.



**Ms. Rizka
Antika**

Ms. Antika is a part of ASEAN Rising Leaders, with five years of experience in non-governmental organizations, focused on human rights and democracy. She specializes in issues related to women's rights, freedom of religion and belief, and preventing violent extremism. Presently, Rizka works with a large peacebuilding organization (Search for Common Ground), through conflict transformation by using a common ground approach. She has also been involved in evidence-based advocacy, particularly on mechanisms in handling deportees and returnees at both national and local levels. Rizka's work is tinted through Gender Equality Disability and Social Inclusion (GEDSI) perspective, and she holds a political science degree from the University of Indonesia.

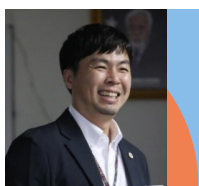


**Mr. Irfan
Amalee**

Mr. Amalee is a Co-Founder and Executive Director of PeaceGeneration Indonesia, a social enterprise focusing on promoting peace to youth through creative media. He combines his 17 years of experience in creative industry and his education in Peace and Conflict studies at Brandeis University, Massachusetts, USA, in his current work. Since 2007, PeaceGen has been promoting peace to more than 150,000 people across Indonesia and Southeast Asia. Due to his dedication to peace education and entrepreneurship, he received several awards such as the Young Creative Entrepreneurs Award from The British Council, the Global Alumni Award for Innovation and Entrepreneurship from Australia, the Multiculturalism Award from UAJY, the Award of Kick Andy Heroes 2021, etc.



Guest Speaker Profile



**Mr. Masayoshi
Mita**

Masayoshi is a Japanese national. He holds a law degree from Aoyama Gakuin University (Japan) and an LL.M. in International Humanitarian Law from the University of Geneva (Switzerland). Masayoshi joined the International Committee of the Red Cross (ICRC) in 2012 and he held field assignments in Palestine, Afghanistan, Thailand, Malaysia, and Myanmar. During these missions, he was engaged in protecting civilians, visiting detainees, and restoring family links. Apart from the ICRC, Masayoshi worked for the Ministry of Foreign Affairs and the Cabinet Office of Japan, specializing in human rights and humanitarian affairs. Since May 2023, Masayoshi has been working as a Regional Humanitarian Affairs Advisor based in the ICRC Jakarta Regional Delegation.



Participants' Profiles

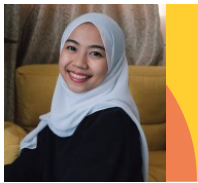
Brunei



Dayangku Siti Najihah binti Pengiran Dato Seri Paduka Haji Bahrom

Internal Security Department, Prime Minister's Office of Brunei Darussalam

Age: 28 years old



Alai Syafina binti Muhammad Haafizh Shah

Country Director of the ASEAN Youth Advocates Network Brunei (AYAN Brunei)

Age: 24 years old

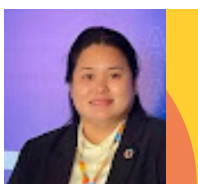


Mohamad Arif Syazwan bin Bujang

Brunei Legislative Council

Age: 25 years old

Cambodia



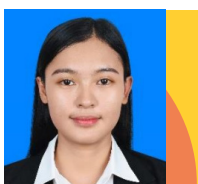
Chao Malin

Official, Ministry of Women's Affairs

Age: 30 years old

Impression of the Training:

"Youth peacebuilding: Seeds of change, harvest of harmony."



Nom Villika

Official, ASEAN Economic and Socio-Culture Community Department, General Department of ASEAN, Ministry of Foreign Affairs and International Cooperation

Age: 31 years old



Prom Sophamonyoudom

Deputy Bureau Chief, ASEAN Political-Security Community Department, General Department of ASEAN, Ministry of Foreign Affairs and International Cooperation of the Kingdom of Cambodia

Age: 26 years old

Indonesia



Nafila Maulina Priyanto

Communication Officer, Indika Foundation, Jakarta

Age: 24 years old



Aloysius Efraim Leonard

Community Lead, Think Policy & Bijak Demokrasi Secretariat

Age: 26 years old



Fachrurrazi

Executive Director, Yayasan Jaring Inovasi Nanggroe (Jinoe)

Age: 30 years old

Impression of the Training:

“Training Youth as Peace builders is very inclusive and equal, i hope that many young people can join this kind of training to spread the values of peace and take part as peace builders.”



Sururoh Tullah Adedoin Uthman

Director Santri Diplomacy Academy

Age: 29 years old

Impression of the Training:

“Fostering the understanding of conflict and peace impact to young people in the ASEAN.”

Lao PDR



Photideth Sensathith

Technical officer, Asean Department, MOFA Lao PDR

Age: 33 years old

Impression of the Training:

“All the parts and activities of the Training were very informative all the lectures were gave very importance knowledge and excellent experience that I really need for my work and I could share among my organization.”



Phoudthasaichay Yokkhanphone

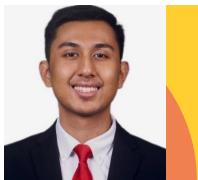
Government Official, Ministry of Foreign Affairs of Lao PDR

Age: 32 years old

Impression of the Training:

“I have gained more knowledge on peace building.”

Malaysia



Mohammad Zulfadhli Zahirudin

Assistant Director, ASEAN-Malaysia National Secretariat, Ministry of Foreign Affairs, Malaysia

Age: 27 years old



Sasikumar Kovalan

Administrative and Diplomatic Officer, Ministry of Defence

Age: 27 years old

Message for the youth:

“Youth as peacebuilders shape today’s world with tomorrow’s vision.”



Nurin Iman Razfan

National Defence University of Malaysia

Age: 22 years old

Myanmar



Sarah Mun San Pan

Third Secretary, ASEAN Affairs Department, Ministry of Foreign Affairs of Myanmar

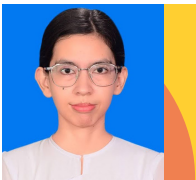
Age: 26 years old



Sai Nyan Lynn

Myanmar Institute of Strategic and International Studies, Ministry of Foreign Affairs of the Republic of the Union of Myanmar

Age: 29 years old



Ingyin Zar

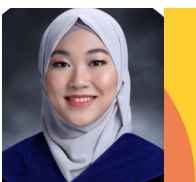
Staff Officer, Department of Social Welfare

Age: 29 years old

Impression of the Training:

“My impression of the training is that it provided invaluable insights into effective peacebuilding strategies and highlighted the importance of youth engagement in fostering sustainable peace.”

Philippines



Sittie Hafsa Domato

Philippine Center for Islam and Democracy

Age: 25 years old



Ephol T. Calandria

Peace Program Officer III, Office of the Presidential Adviser on Peace, Reconciliation, and Unity

Age: 30 years old

Impression of the Training:

“The training, in some way or another, laid down the foundation of peacebuilding and that is relationship building.”



Jonel Sendaydiego

Peace Program Officer, Office of the Presidential Adviser on Peace, Reconciliation and Unity, Philippine Government

Age: 28 years old

Message for the youth:

“More than a community of nations, ASEAN must be a community of laws-recognizing that humans are inherently peaceful and chaotic at the same time, thereby making conflict an inevitable part of social and historical progress.”

Singapore



Martyn Chek Yew Chuan

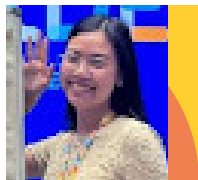
Youth Corps Leader & INSPIRIT Member, National Youth Council

Age: 27 years old

Impression of the Training:

“Memorable, fun-filled learning and lasting friendships!”

Thailand



Swissa Chaengpiyarat

Diplomat at Security and Political Division, Department of ASEAN Affairs, Ministry of Foreign Affairs of Thailand

Age: 28 years old

Impression of the Training:

“Helped enhance my understanding about conflict as well as fostered my knowledge on peacebuilding, through exercises such as conflict analysis.”



Thanarin Pornpongphanurat

Lecturer's Assistant, Thammasat University and YoungRise Grant manager assistant.

Age: 23 years old

Impression of the Training:

“Violence is not a humane instinct, it was taught and learnt and we are here in this programme to end this cycle.”



Pawarut Yanprasert

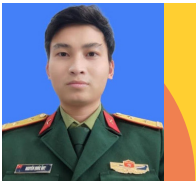
Diplomat, ASEAN Affairs Department, Ministry of Foreign Affairs of Thailand

Age: 24 years old

Impression of the Training:

“Eye-opening. There is always more than what we see.”

Vietnam



Lt. Nguyen Quoc Huy

Staff Officer, Training Center, Vietnam Department of Peacekeeping Operations

Age: 26 years old



Nguyen Thi Minh Chau

Age: 28 years old

Official, National Committee on Youth of Viet Nam



Thanh Tung Tran

Desk Officer, Ministry of Foreign Affairs, Viet Nam

Age: 28 years old

Timor Leste



Amandina Maria Helena Da Silva

Survivors Support Coordinator and Human Rights Activist

Age: 28 years old

Message for the youth:

“Be a good peace Builder for conflict through Cooperation way”



Basilio Madeira

Lecturer's Assistant, National University of Timor Leste

Age: 29 years old



Celina Soares Franklin

Project Officer of Democratic and Inclusive Election in Timor-Leste

Age: 22 years old

Impression of the Training:

“Using non violence action to resolve conflict”

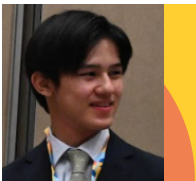
Japan



Wako Miyazawa

The Nippon Foundation, Project Coordinator

Age: 22 years old



Yuichi Nishikiori

Tokyo University of Foreign Studies

Age: 21 years old



Chihiro Arima

Non Profit Organizations Reach Alternatives

Age: 28 years old

Training in our video!

Check out the highlights of the training
in our video!

<https://bit.ly/Peacebuilders2024>

or QR code:













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